

## STUDENT PROFICIENCIES

**Department:** Social Studies  
**Course:** Human Behavior  
**Level:** College Prep  
**Credits:** 5

**Course Description:** This course is for students who desire to learn more about themselves, their values, and their relationship to others. There is also emphasis placed upon the awareness of social and interpersonal skills. The content area of Human Behavior include the History of Psychology, Research and Statistics, The Life Span, the Workings of Mind and Body, Learning and Cognitive Processes, Personality and Individuality, Adjustment and Breakdown and Social Psychology.

Upon completion of the course, the students will have completed the following proficiencies:

### Knowledge

1. Demonstrate knowledge of individuals who are significant in the history of psychology.
2. Identify and describe the 3 major schools of thought in psychology.
3. Explain and analyze phases of human development from infancy through old age.
4. Describe how people react to stress and methods for coping with stress.
5. Explain and analyze the principles and applications of learning theories.
6. Identify and describe how we take in, store and retrieve information.
7. Demonstrate knowledge about psychological disorders and methods of therapy.
8. Identify and describe various types of psychological tests.
9. Explain and analyze the basic structure of the nervous system.
10. Demonstrate knowledge about careers in the field of psychology.

### Attitudes

1. Gain insight into the student's own behavior as well as their relationships with others.
2. Recognize more about the social and biological aspects of human nature.

### Skills

1. Analyze information to identify a specific problem or question.
2. Use a specific problem or question to form a hypothesis.
3. Analyze two sets of data and determine if there is a correlation between them.
4. Organize and analyze information with the help of graphic organizers.
5. Identify cause and effect relationships.
6. Distinguish between fact and opinion.
7. Explain various aspects of a controversial issue.
8. Organize and analyze information prior to writing an essay.

### Social Participation

1. Work cooperatively with classmates in skits, group projects and class activities.
2. Evaluate and apply the knowledge, skills and attitudes acquired to engage in reasoned and responsive action.
3. Address issues and problems which affect society today.
4. Be receptive to new ideas and various points of view.