

ASYSST has open enrollment for our Free Summer Session! To qualify a student must be a resident of Ewing and enrolled in the Ewing Public School System for the 2010 – 2011 school year grades 9-12. ASYSST summer recreation will take place July 12 – August 30th 2010 from 9:30 – 2:30. Spaces are limited so sign up ASAP by calling Jennifer Thompson at (609)538-9800 ext 2175.

Recording Club: The Recording Club is for Ewing H.S. students who sing, rap, and play instruments who at no cost can record their music on an 8-track studio quality recorder. Students then receive a Compact Disc of what they have recorded which they can play in any boom box or stereo or car.

The Boys & Girls Club Guaranteed Job Program: The Boys & Girls Club, in conjunction with ASYSST, began its guaranteed job program for Ewing H.S. students. Efforts are being taken to help students in getting part-time jobs through the boys and girls club so that we have continual training and jobs throughout the year. This program begins again in March and the guaranteed jobs are full-time summer employment. We can add this to the Newsletter in a couple of months. However, we do help students obtain part-time employment by assisting in job search strategies, writing effective resumes, calling local businesses, and doing mock interviews. In addition, with parent permission we help to write flyers for students to post in the community advertising their special skills such as babysitting services, lawn maintenance, etc.

Anger Management Group: Many adolescent students have difficulty expressing emotions such as feeling hurt and anger. These students will benefit from one of our evidence-based programs such as Smart Team or SAMHSA Anger Management. During the training they will learn to communicate their feeling in a healthy and effective way. At the conclusion of the training students will be rewarded by receiving an AMC gift card!

Grief Support Group: The grief support group is for any Ewing H.S. student who has lost a parent or guardian to death. The group will be held on an alternating schedule (different times, different days) so as not to take students from the same class each week.

Intervention & Referral Services Team: Jennifer Thompson and JoAnne Oliver sit on the Intervention & Referral Services Team which meets every Friday morning to coordinate various interventions and support services for students who experience academic challenges and are at risk for other issues such as depression, substance abuse, and school anxiety.

Gay-Straight Alliance: The GSA, a support group for gay, lesbian, bisexual, transgendered, questioning students and their straight allies, meets Monday afternoons from 2:35 –4:00 p.m.

Empowerment Group: This group is for female youth who are looking for support due to a traumatic event such as physical or emotional abuse. This group helps students to recover and feel whole again while at the same time keeping themselves safe from future incidents. Areas of focus are safe dating practices, boundary setting and education. The group will be held on an alternating schedule.

Healthy Family Relationships Group: The focus of this group is to help the student (male and female) maintain healthy relationships with parents and siblings. Creative ideas are discussed on how to relate to parents when youth and parent no longer see eye to eye. In addition, ways re-establish a bond with siblings who may at times seem more of an adversary than an ally. The group will be held on an alternating schedule.

Letting go of Stress Group: Students will take part in the Stress Curriculum designed to help reduce anxiety at home and in school. The group will be held on an alternating schedule.

Counselors at ASYSST can be reached at (609) 538-9800, ext. 2175 for Jennifer Thompson or 2186 for JoAnne Oliver.