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CENTERCOURT FUTURES LAWRENCE

EARLY ATHLETIC PROGRESSION PROGRAM



Centercourt Futures is designed to build an advanced athletic foundation through a series of progressive and engaging movements. Children 18 months to 5 years will learn skills in a unique and stimulating space.

Program Session Dates

(7-week sessions, one class per week):

- Fall 1: 9/8/20 - 10/24/20
- Fall 2: 10/27/20 - 12/19/20
(no Thanksgiving week-
already calculated out of the 7 weeks)
- Winter 1: 1/5/21 - 2/20/21
- Winter 2: 2/23/21 - 4/10/21
- Spring 1: 4/13/21 - 5/29/21

Parent & Tot (18 months - 2 years old)

Early development and motor skills are established and enhanced through the use of obstacle courses, rhythm, movement, playful exploration, and creative instruction.

This is a parent/guardian participation class that is supervised by one of our experienced toddler class instructors. It is a wonderful way to introduce your child to the thrill of basic movement/motor development as well as socialization and interaction with others.

SCHEDULE: Tues: 9:00 - 9:45am
Thurs: 12:30 - 1:15pm
Saturdays: 9:00 - 9:45am

COST: \$70 per session

**BOOK YOUR WEEKDAY
BIRTHDAY PARTY
TODAY!**



Toddlers (2 year olds)

Early development and motor skills are established and enhanced through the use of obstacle courses, rhythm, movement, playful exploration, and creative instruction.

SCHEDULE: Tues: 10:00 - 10:45am
Thurs: 1:30 - 2:15pm
Saturdays: 9:00 - 9:45am

COST: \$140 per session

Early Pre-School (3 year olds)

Individual skills & progressions are utilized to build strength, coordination, balance, and flexibility. Development of overall fitness, reinforcement of learning patterns, and promotion of social interactions are also highlighted at this level.

SCHEDULE: Tues: 11:00 - 11:45am
Thurs: 2:30 - 3:15pm
Saturdays: 10:00 - 10:45am

COST: \$140 per session

Pre-School (4 year olds)

Individual skills & progressions are utilized to build strength, coordination, balance, and flexibility. Development of overall fitness, reinforcement of learning patterns, and promotion of social interactions are also highlighted at this level.

SCHEDULE: Tues: 12:00 - 12:45pm
Tues or Thurs: 3:30 - 4:15pm
Saturdays: 10:00 - 10:45am

COST: \$140 per session



ATHLETIC PROGRESSION



CENTERCOURT LAWRENCE

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