

# The Ewing Public Schools Fisher Middle/OBA Lunch Menu January 2022



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEKLY BREAKFAST MENU</b>				
Daily Choice of Assorted Cereals w/ crackers & Cereal Bars/Granola Bars, Bagels				
Served with 100% Fruit Juice & milk				
<b>DAILY LUNCH MENU</b>				
3.  <b>Breaded Chicken Patty</b>  <b>Steamed Carrots</b> Fruit	4.  <b>Fish Sticks w/ pan roll</b>  <b>Whole Kernel Corn</b> Fruit	5.  <b>Pizza Burger on Bun</b>  <b>Baked Beans</b> Fruit	6.  <i>Brunch for Lunch</i> <b>Mini Pancakes w/ cheese sticks</b>  <b>Celery Sticks</b> Fruit	7.  <b>Cheese Pizza</b>  <b>Broccoli Florets</b> Fruit
10.  <b>Breaded Chicken Patty</b>  <b>Steamed Carrots</b> Fruit	11.  <b>Fish Sticks w/ pan roll</b>  <b>Whole Kernel Corn</b> Fruit	12.  <b>Pizza Burger on Bun</b>  <b>Baked Beans</b> Fruit	13.  <i>Brunch for Lunch</i> <b>Mini Pancakes w/ cheese sticks</b> <b>Celery Sticks</b> Fruit	14.  <b>Cheese Pizza</b>  <b>Broccoli Florets</b> Fruit
17.  <u><b>Martin Luther King Birthday</b></u>  <b>School Closed</b>	18.  <b>Breaded Chicken Patty</b>  <b>Steamed Carrots</b> Fruit	19.  <b>Cheeseburger on Bun</b>  <b>Baked Beans</b> Fruit	20.  <b>Meatball Sandwich</b>  <b>Celery Sticks</b> Fruit	21.  <b>Cheese Pizza</b>  <b>Broccoli Florets</b> Fruit
24.  <b>Cheesesteak Sandwich</b>  <b>Whole Kernel Corn</b> Fruit	25.  <b>Chicken Nuggets w/dip &amp; crackers</b>  <b>Steamed Carrots</b> Fruit	26.  <b>Beef Hot Dog on Bun</b>  <b>Baked Beans</b> Fruit	27.  <b>Pizza Crunchers</b>  <b>Broccoli Florets</b> Fruit	28.  <b>French Bread Pizza</b>  <b>Seasoned Green Beans</b> Fruit
31.  <u><b>Building Meeting/ Transition Day</b></u>  <b>School Closed</b>				

All meals served with choice of fat free flavored or unflavored milk or 1% unflavored milk  
 The menu is subject to emergency change. This institution is an equal opportunity provider  
 \* Contains turkey ❖ Contains pork

### DAILY LUNCH ALTERNATES

Each served w/ vegetable & fruit of the day & milk

- Turkey and Cheese Sandwich\*
- Ham and Cheese Sandwich❖
- **BAGEL LUNCH**  
With string cheese & yogurt
- **CEREAL LUNCH**  
With string cheese, yogurt, & crackers

