

# The Ewing Public Schools Elementary Lunch Menu January 2022



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEKLY BREAKFAST MENU</b>				
Fruit or Fruit Juice & Mini Pancakes Or Choice of Cereal w/Crackers	Fruit or Fruit Juice & Bagel w/Cream Cheese Or Choice of Cereal w/Crackers	Fruit or Fruit Juice & Mini Waffles or Choice of Cereal w/Crackers	Fruit or Fruit Juice & Yogurt w/Crackers or Choice of Cereal w/Crackers	Fruit or Fruit Juice & Cereal Bar w/String Cheese or Choice of Cereal w/Crackers
<b>DAILY LUNCH MENU</b>				
3.  Breaded Chicken Sandwich  Whole Kernel Corn Fruit	4.  Beef Hot Dog  Baked Beans Fruit	5.  Cheeseburger on Bun  French Fries Fruit	6.  Turkey & Cheese Wrap*  Baby Carrots w/dip Fruit	7.  French Bread Pizza  Broccoli Florets Fruit
10.  Grilled Cheese Sandwich  Tomato Soup Fruit	11.  Ham & Cheese Hoagie ❖  French Fries Fruit	12.  Chicken Nuggets w/ dip & crackers  Baked Beans Fruit	13.  Turkey & Cheese Wrap *  Celery Sticks Fruit	14.  Cheese Pizza  Broccoli Florets Fruit
17.  <b>Martin Luther King Birthday  No School</b>	18.  Ham & Cheese Wrap ❖  Whole Kernel Corn Fruit	19.  Pizza Crunchers  Baked Beans Fruit	20.  Turkey & Cheese Wrap*  Steamed Carrots Fruit	21.  French Bread Pizza  Broccoli Florets Fruit
24. <i>Breakfast For Lunch</i>  Mini Pancakes with String Cheese  Celery Sticks Fruit	25.  Ham & Cheese Hoagie ❖  Baby Carrots w/ dip Fruit	26.  Cheeseburger on Bun  Baked Beans Fruit	27.  Turkey & Cheese Wrap*  French Fries Fruit	28.  Cheese Pizza  Broccoli Florets Fruit
31.  Beef Hot Dog on Bun  Whole Kernel Corn Fruit				

All meals served with choice of fat free flavored or unflavored milk or 1% unflavored milk  
The menu is subject to emergency change. This institution is an equal opportunity provider  
\* contains turkey ❖ contains pork

Chicken Caesar Salad will not be available on January 3<sup>rd</sup>, 4<sup>th</sup> and 5<sup>th</sup>.



**DAILY LUNCH ALTERNATES**

*Each served w/ vegetable & fruit of the day & milk*

- **CHICKEN CAESAR SALAD** with WG roll & crackers
- **BAGEL LUNCH**  
With string cheese & yogurt
- **CEREAL LUNCH**  
With string cheese, yogurt, & crackers

# CROSSWORD

## Food



5



- 1. SAUSAGE 2. TOMATO
- 3. CHEESE 4. ICECREAM 5. CUPCAKE
- 1. STRAWBERRY 2. BREAD
- 3. PIZZA 4. MILK

