

Heating Instructions

(Appliances vary, adjust accordingly. Times given are approximate)

Popcorn Chicken

(Product is full cooked)

Convection Oven: Baked at 375 degrees for 8-10 minutes

Conventional Oven: Bake at 400 degrees for 8-10 minutes

Microwave: on high (3 pieces 1-1.5 minutes; 6 pieces 2-2.5 minutes; 9 pieces 2.5-3 minutes)

Chicken Patty

(Product is fully cooked)

Convection Oven: Bake at 375 degrees for 10-12 minutes

Chicken Nuggets

(Product is fully cooked)

Convection Oven: Bake at 375 degrees for 10-12 minutes

Conventional Oven: Bake at 400 for 8-10 minutes

Microwave: on high (5 nuggets 1-1.5 minutes; 10 nuggets 2-2.5 minutes; 15 nuggets 1.5-3 minutes)

Turkey Corn Dog Bites

(Product is fully cooked)

Convection Oven: Bake at 350 degrees for 8-10 minutes

Conventional Oven: Bake at at 350 degrees for 14-16 minutes

Microwave: on high 45-60 seconds

Beef Hamburger

(Product is fully cooked)

Convection Oven: Bake at 350 degrees for 9-11 minutes

Conventional Oven: Bake at 350 degrees for 15-18 minutes

Microwave: on high 1-2 minutes

Beef Meatballs

(Product is fully cooked)

Convection Oven: Bake at 350 degrees for 10-12 minutes

Conventional Oven: Bake at 350 degrees for 14-16minutes

Microwave: On high 1.5-2 minutes

French Fries

Bake at 425 degrees for 9-13 minutes

Frozen Peas, Green Beans, Corn, and Carrots

Place contents in boiling water and cook until tender.

Individually Wrapped Burrito

(Product is fully cooked)

Convection Oven: Heat at 300 degrees for 19-21 minutes if from frozen and 11-13 minutes if from refrigerated.

Conventional Oven: Heat at 300 degrees for 24-28 degrees from frozen or 13-15 min from refrigerated.

Microwave: Heat on high for 50 seconds from frozen, let rest for 15 seconds and then heat for another 30 seconds. Let rest for 1 min before consuming. From refrigerated: heat for 45 seconds, let rest for 15 seconds and heat for another 15 seconds. Let rest for 1 min before consuming.

Individually Wrapped Taco

(Product is fully cooked)

Convection Oven: Heat at 300 degrees for 28-33 minutes from frozen or 15-20 minutes from refrigerated.

Conventional Oven: Heat at 300 for 30-35 min from frozen or 18-22 min from refrigerated

Microwave: Frozen: Heat on High for 2 mins. Let rest for 15 seconds. Heat for another 50 seconds. Let rest for 1 min. before consuming. Refrigerated: Heat for 60 seconds. Let rest for 15 seconds. Heat for another 30 seconds. Let rest for 1 min. before consuming.

French toast Sticks

Conventional Oven: Heat at 450 degrees for 8-9 minutes

Microwave: on high 5 pieces for 1 minutes and 30 seconds

Beef Hot Dog

(Product is fully cooked)

Boil for 5-7 minutes

Microwave: place 1 hot dog and ½ C water in Covered dish. Heat on high 1.25-1.75 minutes.

Let stand for 1 minutes

Cheese Crunchers

Convection Oven: Heat at 350 degrees for 11-13 minutes. Let stand 2-3 minutes before serving.

Grilled Cheese Sandwich

Stove top: Melt butter in skillet. Cook sandwich for 2 minutes and flip cooking the other side for 2 minutes. Repeat 1 more time each side.

Conventional Oven: Bake at 450 degrees for 5 minutes. Flip sandwich over and bake an additional 3 minutes.

Fish Sticks

(Product is Fully Cooked)

Convection Oven: Heat at 375 degrees for 9-11 minutes.

Conventional Oven: Heat at 425 degrees for 14-16 minutes

Portion Pasta (Mac & Cheese/ Three Cheese Cavatappi/Rotini Meat Sauce)

Microwave Heating Instructions (from thawed): If frozen, thaw pouches of pasta in the refrigerator for 24 hours. Cut 1/2" slit in bag and place slit side up in microwave. Heat on high power for 60 seconds. Allow bag to cool, carefully remove from microwave, pour into a bowl and serve.

Stove Top Heating Instructions (from thawed): Empty thawed pasta into an 8-inch sauté pan or small pot. Heat over medium/low heat for 2-3 minutes or until product reaches desired temperature. Remove from heat, stir and serve.

Personal Pan Pizza

Convection Oven: Preheat oven to 350°F. Remove frozen pizza from plastic overwrap and place on pan. Cook for 15-17 minutes. Pizza is done when all cheese is melted

Microwave: 1100W- Remove pizza from plastic overwrap. Place frozen pizza on microwave safe plate. Place in center of microwave and cook on HIGH for 2 minutes to 2 minutes 30 seconds. Pizza is done when all cheese is melted.

Taco Kit

(Product is fully cooked)

Stove top: Heat ground taco meat in skillet until heated through.

Microwave: Heat ground taco meat in a microwave safe bowl on high for 30-60 seconds

Top with cheddar cheese

Buffalo Chicken Drumstick

Conventional Oven: From frozen, preheat oven to 350 degrees. Bake for 32-35 minutes. From thawed: Baked for 22-27 minutes.

Convection oven: From frozen, preheat oven to 350 degrees. Bake for 23-27 minutes. From thawed, baked for 18-22 minutes.

Sausage, Egg, Cheese Sandwich

Microwave for 1 to 1.5 minutes, until cheese is melted and the egg is warmed through

Conventional Oven: Preheat oven to 350°F. Wrap in aluminum foil and bake for 10 minutes if thawed or 30 minutes if frozen.

Pulled Pork

Microwave pork on low a minute at a time until it reaches an internal temperature of 165 degrees. (2-3 minutes)

Conventional oven: Preheat oven to 225 degrees. Wrap the pork in foil and place in baking pan. Heat pork until it reaches an internal temperature of 165 degrees. (This could take up to 30 minutes depending on how much pork is being reheated).

Waffle Breaded Chicken Bites

Conventional Oven: Preheat oven to 400 degrees. From frozen, place pieces in a single layer on baking sheet and heat for 20-25 minutes.

Convection Oven: Preheat Oven to 350 degrees. From Frozen, place pieces in a single layer on baking sheet and heat for 12-15 minutes.