



*Start your day the healthy way  
with School Breakfast!*

**Breakfast is available to all students.**

**If your children qualify for free or reduced price lunch, they also qualify for free or reduced price (30¢) breakfast.**

**The cost of Breakfast for students paying full price is:  
\$1.70 Elementary, \$1.75 Middle, \$1.80 High School**

**Pre-registration is NOT required!**

*Please note that students may only be dropped off early at the cafeteria if they participate in the breakfast program by eating school breakfast (or are registered for AM EDP). Students must have money on account, bring cash for breakfast or be eligible to receive free meals.*

**Breakfast is served in the Ewing school cafeterias at the following times each day:**

**Antheil – 8:10-8:45**

**Lore – 8:15-8:45**

**Parkway 8:20-8:50**

**Fisher Middle – 7:45-8:15**

**Ewing High – 7:15-7:35**

**The breakfast menus are listed below. We hope to see your children for school breakfast!**

### **ELEMENTARY BREAKFAST MENU**

**Alternate Cereal Breakfast (available daily): Choice of Cereal, Fruit, Fruit Juice, Crackers& Milk Choice**

<b>Mondays</b>	<b>Tuesdays</b>	<b>Wednesdays</b>	<b>Thursdays</b>	<b>Fridays</b>
Choice of Fruit Choice of Fruit Juice Mini Pancakes Choice of Milk	Choice of Fruit Choice of Fruit Juice Bagel or Mini Bagels Choice of Milk	Choice of Fruit Choice of Fruit Juice French Toast Sticks Choice of Milk	Choice of Fruit Choice of Fruit Juice Yogurt w/Crackers Choice of Milk	Choice of Fruit Choice of Fruit Juice Cereal Bar w/String Cheese Choice of Milk

#### **Fisher Middle School & O'Brien Academy Breakfast Menu**

**Choose one:**

- Choice of Cereal & Crackers
- Yogurt & Crackers
- Fresh Bagel w/ cream cheese & jelly
- Cereal Bar & String Cheese
- Breakfast Round  
(Selections may vary daily)
- Hot Mini Pancakes w/ syrup

**Choose:**

- 1 Chilled Fruit Juice + 1 Chilled Fruit  
or 2 Chilled Fruits

**Choice of Milk**

#### **Ewing High School Breakfast Menu**

**Choose one:**

- Choice of Cereal & Crackers
- Yogurt parfait & Crackers
- Bagel w/Cream Cheese & Jelly
- Cereal Bar & String Cheese
- Hot Egg & Cheese Sandwich
- Hot Sausage, Egg, & Cheese Sandwich
- Breakfast Round  
(Selections may vary daily)

**Choose:**

- 1 Chilled Fruit Juice + 1 Chilled Fruit  
or 2 Chilled Fruits

**Choice of Milk**