

SCHOOL VIOLENCE AWARENESS WEEK



During School Violence Awareness Week, **October 16-20**, schools across New Jersey recognize the importance of developing and maintaining positive school climates and providing students with a safe and supportive school environment.

Here at Lore, we are focusing on positive social behaviors and self-esteem through schoolwide positivity projects. Join us this week as we continue to promote a positive school environment.

Monday

Mindfulness Monday

Practice different Mindfulness skills, compassion towards self and others to create a Respectful classroom, school, and home.

Tuesday

Get in the Zone!

We love the Green Zone here at Lore, but sometimes we all have big feelings. How can you cope to stay in control?

Wednesday

Take a Break from Social Media !

Explore other hobbies and interests that don't include your phone. Go outside, take a walk, try something new!

Thursday

Random Acts of Kindness Day!

See how many random acts of kindness, from the checklist on the back, you can perform in a day!

Friday

Positivi-TEE Day!

Wear your favorite T-shirt with a positive message!