



Celebrate
Red Ribbon Week
at Lore Elementary School
October 23 - October 27
2023



Red Ribbon Week at Lore Elementary School is a celebration of making safe and healthy choices. All week we will encourage each other to build lifelong healthy habits that will benefit our physical, mental, and emotional well-being!

Theme Days:

Monday: **Wear Red** to start the Week of Healthy Living

Tuesday: Eat Like a Superhero, Food as a Super-fuel
Wear a Superhero shirt or Superhero colors

Wednesday: **Wear Your Favorite "Sweats"**
Focus on Staying Active

Thursday: **WEAR GREEN**
Let's work to stay in the GREEN ZONE, by
Using Safe Strategies for Stress Management

Friday: **Pink-A-Boo....Wear Pink so that we can Scare away
Breast Cancer and Say No to Negative
Peer Pressure**

